



CERTIFICATE OF PARTICIPATION

This is to certify that

Chris Mitchell

Has successfully participated & completed the
42km The Spar Knysna Forest Marathon
held at Knysna.

TIME 04:45:59

PACE 06:48/km

GENDER 237 of 563

OVERALL 312 of 834

40+ 69 of 161

08 July 2023, Sat

Date



BoutTime

Signature

